



# How To Use A Spacer Device/Mask

## How To Use A Spacer Device (Aerochamber) With A Mask

### CUE WORDS

1. **REMOVE** the caps.
2. **SHAKE** the inhaler.
3. **ASSEMBLE** the inhaler mouthpiece in the chamber.
4. **APPLY** the mask to the face.
5. **DEPRESS** the canister.
6. **INHALE:** Slowly and deeply for one deep breath.  
5 – 6 breaths for children over 18 months.  
8 – 10 breaths for children less than 18 months.
7. **EXHALE.**